

ORDOLINE

Instructions
for Retention
Aligners



Congratulations on completing your treatment with Ordoline aligners! We have achieved great results together!

It is important to understand that human teeth are constantly shifting, so after treatment, it is necessary to maintain the correct position of the teeth with the help of retention aligners. You will find these aligners in the package, and we trust that you will wear them responsibly to ensure consistent treatment results.

To achieve the best outcome, we recommend wearing the retention aligners according to the following schedule:

0 - 4
months



Wear the aligners for 22 hours per day.

4 - 24
months



Wear the aligners every night.

After 24
months



Wear the aligners for 1 night per week.

Recommendations for Using the Aligners

- Start by placing the aligners on the front teeth and gradually move towards the back molars
- When removing the aligners, start from the back molars and finish with the front teeth.

Maintenance of Retention Aligners

To properly care for your retention aligners, it is important to use a toothbrush and toothpaste that do not contain abrasive substances such as aluminum oxide, calcium carbonate, or calcium phosphate (these substances are commonly found in whitening toothpaste). When cleaning the aligners, wash them under running lukewarm or cold water.

Oral Care

For oral care, continue brushing your teeth as usual with a toothbrush and toothpaste, use inter-dental floss.

If you experience loss, damage, deformation of the retention aligner, or damage to the oral mucosa, we recommend contacting your treating dentist or healthcare specialist.

It is crucial not to wear damaged aligners. If necessary, you may also consider reaching out to the manufacturer of the aligners, Ordoline.

In the event of a serious incident related to the device, please report it to both the manufacturer and the competent authority of the country where you, as the user and/or patient, are located.

We would like to encourage you to share your positive treatment experience to inspire and assist others in deciding to undergo treatment with Ordoline aligners. You can do this by sharing your experience on your social networks and tagging @Ordoline. A healthy and beautiful smile can truly transform lives, so let's help others discover this as well!

For instructions on how to use Ordoline removable orthodontic retainers in other languages, please follow the QR code provided.



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Notice on Personal Data Processing

In accordance with Article 14 of the General Data Protection Regulation (hereinafter – GDPR), we inform you that LLC Ordoline, legal entity code: 305610551; address: A. Vivulskio str. 7-202, Vilnius, Lithuania is the controller of your personal data. All information provided for in Article 14 of the GDPR regarding the processing of your personal data is published on the Ordoline website

<https://ordoline.com/patient-privacy-policy/>

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LLC Ordoline

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