

# ORDOLINE

## Instructions for Retention Aligners

EN



Congratulations on completing your treatment with Ordoline aligners! We have achieved great results together!

It is important to understand that human teeth are constantly shifting, so after treatment, it is necessary to maintain the correct position of the teeth with the help of retention aligners. You will find these aligners in the package, and we trust that you will wear them responsibly to ensure consistent treatment results.

To achieve the best outcome, we recommend wearing the retention aligners according to the following schedule:



## Recommendations for use

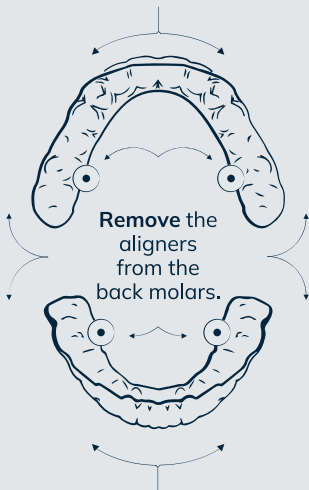
**Start by placing**  
the aligners on the front teeth.

**Avoid biting**  
while putting  
in the  
aligners.

**Remove the**  
aligners  
from the  
back molars.

Ensure they  
are wellfitted  
and pressed  
over the teeth.

**Start by placing**  
the aligners on the front teeth.



## **Maintenance of Retention Aligners**

To properly care for your retention aligners, it is important to use a toothbrush and toothpaste that do not contain abrasive substances such as aluminum oxide, calcium carbonate, or calcium phosphate (these substances are commonly found in whitening toothpaste). When cleaning the aligners, wash them under running lukewarm or cold water.

! Please note that retention aligners are not intended for bruxism or involuntary teeth grinding. If you grind your teeth, be sure to inform your doctor so that an individual treatment plan can be provided.

## **Oral Care**

For oral care, continue brushing your teeth as usual with a toothbrush and toothpaste, use inter-dental floss.

If you experience loss, damage, deformation of the retention aligner, or damage to the oral mucosa, we recommend contacting your treating dentist or healthcare specialist.

It is crucial not to wear damaged aligners. If necessary, you may also consider reaching out to the manufacturer of the aligners, Ordoline.

In the event of a serious incident related to the device, please report it to both the manufacturer and the competent authority of the country where you, as the user and/or patient, are located.

We would like to encourage you to share your positive treatment experience to inspire and assist others in deciding to undergo treatment with Ordoline aligners.

You can do this by sharing your experience on your social networks and tagging @Ordoline. A healthy and beautiful smile can truly transform lives, so let's help others discover this as well!



Scan the QR code  
to leave your review



For instructions on how to use  
Ordoline removable orthodontic  
retainers in other languages, please  
follow the QR code provided.



## Notice on Personal Data Processing

In accordance with Article 14 of the General Data Protection Regulation (hereinafter - GDPR), we inform you that UAB Ordoline, legal entity code: 305610551; address: A. Vivulskio str. 7-200, Vilnius, Lithuania is the controller of your personal data. All information provided for in Article 14 of the GDPR regarding the processing of your personal data is published on the Ordoline website <https://ordoline.com/patient-privacy-policy/>

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